

GLADIATOR TIMES



- GIRLS BASKETBALL
- NEWBIE NOTES
- DO YOU KNOW?
- SENIORITIS
- SEASON
- LAST POSIDAY

GIRLS BASKETBALL

THE GIRLS BASKETBALL TEAM HAS HAD A ROCKY START TO THEIR SEASON BUT THEY ARE SLOWLY STARTING TO IMPROVE SO I AM OPTIMISTIC THAT OUR LADY GLADIATORS WILL MAKE A COMEBACK! RECENTLY I HAD A CHANCE TO TALK TO MR. BEMIS, THE HEAD COACH, ABOUT THE SEASON SO FAR AND THE PLAYERS ON THE TEAM AND HOW HE PLANS TO REFLECT ON THEIR LOSING STREAK SO THAT IT CAN DEVELOP INTO A WINNING STREAK.



TO START, THE SENIORS ON THE TEAM ARE SERENITY TRINIDAD, SHE IS A GUARD AS WELL AS THE CAPTAIN OF THE TEAM; THIS IS HER SECOND YEAR PLAYING. ANIYAH OWENS, WHO IS CURRENTLY INJURED, IS A FORWARD; THIS IS HER FIRST YEAR PLAYING ON THE TEAM. SHE HAS ALWAYS WANTED TO PLAY SINCE HER FRESHMAN YEAR BUT SOMETHING ALWAYS CAME UP, BUT SHE FINALLY GOT ON THE TEAM AND WAS DOING PRETTY WELL, THEN SHE UNFORTUNATELY GOT INJURED. JAELYNN DELEON IS ALSO A FORWARD AND HAS BEEN PLAYING ON THE TEAM FOR A COUPLE OF YEARS.



THOSE ARE THE ONLY SENIOR PLAYERS ON THE TEAM. ASHLEY SANCHEZ IS THE TEAM'S MANAGER, SHE PLAYED LAST YEAR FOR THE TEAM BUT THIS YEAR, DECIDED NOT TO PLAY. SHE WORKS DILIGENTLY TO ENSURE THE TEAM HAS EVERYTHING THEY NEED AS WELL AS TRACKING THE STATISTICS. IN SPITE OF THE LOSING STREAK SHE CONTINUES TO EXUDE POSITIVITY TO THE TEAM!

NEWBIE NOTES

A FRESH, AN PERSPECTIVE
OF E.C. GOODWIN

BY ADRIANNA POMALES
TORRES



COMING TO E.C. GOODWIN FOR THE FIRST TIME I WAS VERY NERVOUS. I DIDN'T HAVE ANYONE I KNEW HERE. I WAS ALONE A LOT AND DIDN'T REALLY TALK TO ANYONE BECAUSE I FELT IT WOULD BE TOO AWKWARD TO HANDLE. SOON, AFTER ABOUT TWO OR THREE WEEKS, I HAD MY OWN LITTLE GROUP OF FRIENDS THAT I WAS GETTING TO KNOW JUST BY STEPPING OUT OF MY SHELL A BIT. I STILL DIDN'T REALLY TALK THAT MUCH THOUGH SINCE I BARELY KNEW THEM.

I FELL BEHIND A BIT IN THE FIRST QUARTER, PROBABLY BECAUSE OF THE SURPRISING AMOUNT OF PROJECTS IN MY HONORS CLASSES, BUT I MANAGED TO BUMP THEM UP AT LEAST A LITTLE. WHEN PHASE ONE OF SHOPS STARTED, I WAS NERVOUS ABOUT THE DIFFERENT THINGS WE WOULD DO IN THE TRADES. TO MY SURPRISE, I REALLY ENJOYED JUST WORKING ON MY OWN SINCE I KNEW IT WOULD HELP ME FOCUS AND GET A BETTER GRADE IN THE SHOP AND HAVE A HIGHER CHANCE OF GETTING INTO MY TOP CHOICE. A HANDFUL OF SHOP TEACHERS COMMENTED THAT THEY FELT I WOULD DO WELL IN THEIR SHOP AND THAT I SHOULD COME BACK. WHILE I WAS TEMPTED BY SOME OF THE SHOPS,

I STILL HAD MORE SHOPS TO GO THROUGH WHICH ALTERED MY CHOICES.

AFTER MANY DIFFERENT SHOP EXPERIENCES, MY TOP THREE CHOICES ENDED UP BEING CARPENTRY, PMT, AND PLUMBING. I WAS SURPRISED THAT I LIKED PMT AND PLUMBING THAT MUCH SINCE I CAME INTO THE SCHOOL THINKING I MAINLY ONLY WANTED CARPENTRY. I ALREADY KNEW I DIDN'T WANT TO DO THINGS LIKE CULINARY, HAIRDRESSING, OR HEALTH TECH FOR THEIR OWN SPECIFIC REASONS AND I ENDED UP REALLY ENJOYING ONE OF THE SHOPS I DIDN'T EXPECT AT ALL.

PLUMBING HAS A REALLY NICE COMMUNITY OF TEACHERS AND STUDENTS WHICH REALLY HELPED ME FEEL MORE AT EASE.

CARPENTRY WAS EXTREMELY ENJOYABLE SINCE I LOVED WORKING WITH THE WOOD AND MAKING USABLE THINGS TO TAKE HOME. THE TEACHERS AND STUDENTS WERE REALLY HELPFUL WHEN I NEEDED HELP. I ALSO REALLY ENJOYED PMT BECAUSE I COULD JUST COMING TO E.C. GOODWIN FOR THE FIRST TIME I WAS VERY NERVOUS. I DIDN'T HAVE ANYONE I KNEW HERE. I WAS ALONE A LOT AND DIDN'T REALLY TALK TO ANYONE BECAUSE I FELT IT WOULD BE TOO AWKWARD TO HANDLE. IMMERSE MYSELF IN WHATEVER I WAS DOING, WORK AT MY OWN PACE, AND HAVE FUN WITH IT.



IN THE END, I WAS TIED WITH CARPENTRY AND PMT BECAUSE THEY ARE BOTH REALLY GOOD SHOPS IN MY OPINION AND I FEEL LIKE I COULD ENJOY BEING THERE, WORK AT MY OWN PACE, DO GOOD WORK AND ALSO GET PAID WELL IN EITHER CAREER PATH. WHEN WE WENT BACK TO ACADEMICS, IT FELT A BIT WEIRD SINCE THE WORK IN THE SHOPS HAD A DIFFERENT FEEL TO IT AND WASN'T AS STRESSFUL. WHILE ON THE OTHER HAND, THERE ARE LOTS OF ASSIGNMENTS EVERY DAY IN ACADEMICS.

RIGHT NOW, I'M EXCITED BUT ALSO EXTREMELY NERVOUS TO FIND OUT WHAT MY FINAL SHOP IS. I HOPE I GET AT LEAST MY TOP 3 AND NOT GET STUCK WITH ONES I DON'T LIKE. I'M REALLY EXCITED TO BE HERE AT E.C. GOODWIN. I'VE ALSO JOINED SOME CLUBS ALREADY WHICH IS VERY FUN AND I CAN'T WAIT TO SEE WHAT HAPPENS

DO YOU KNOW?

BY AALIYAH LOPEZ

MRS BAKER, SCHOOL NURSE



THIS YEAR E.C. FINALLY HAS A SCHOOL NURSE! STUDENTS ARE FINALLY ABLE TO SEE THE SCHOOL NURSE RIGHT NEXT TO THE MAIN OFFICE, AFTER NOT HAVING A NURSE FOR QUITE SOME TIME. WHILE INTERVIEWING MRS BAKER, I NOTICED THAT SHE IS VERY PASSIONATE ABOUT NURSING. SHE IS ALSO VERY HELPFUL AND NICE, SO ANY STUDENT WHO ISN'T FEELING WELL WILL FEEL COMFORTED BY MRS BAKER WHILE THEY ARE BEING ACCOMMODATED.

BEFORE MRS BAKER BECAME A NURSE SHE WAS ACTUALLY A PRESCHOOL TEACHER, BUT SHE ENDED UP DECIDING TO PURSUE NURSING INSTEAD. AND THAT IS JUST ONE OF MANY INTERESTING FACTS ABOUT MRS. BAKER SO SIT BACK AND LEARN MORE ABOUT HER!

NAME - KRISTIN BAKER

BIRTHDAY - MARCH

WHY DID YOU DECIDE TO COME TO E.C. - IT'S CLOSE TO HOME AND SHE PREFERENCES TO WORK WITH HIGH SCHOOL STUDENTS

WHY DO YOU LIKE BEING A NURSE - LOVES SCIENCE AND BIOLOGY

HOW LONG HAVE YOU BEEN A SCHOOL NURSE FOR? - OVER 12 YEARS

FAVORITE PART ABOUT BEING A SCHOOL NURSE - THE STUDENTS

LEAST FAVORITE PART ABOUT BEING A SCHOOL NURSE - PAPERWORK AND POLICIES

BIGGEST PET PEEVE - RUDE PEOPLE

PROUDEST ACCOMPLISHMENT - SAVING A FEW LIVES, AND HER CHILDREN

FAVORITE CHILDHOOD MEMORY - SINCE THERE WAS NO CABLE WAY BACK THEN SHE WOULD PLAY IN THE WOODS AND BUILD HUGE FORTS, BUILDING THEM OUT OF STICKS

BIGGEST FEAR - MISSING SOMETHING, LIKE WHEN WORKING WITH SOMEONE AND MISSING SOMETHING AND THEY GET WORSE OR HAVE A BAD OUTCOME

IF YOU HAD A MILLION DOLLARS BUT ONE DAY TO SPEND IT WHAT WOULD YOU BUY? - SPEND ENOUGH OF IT TO GET A NICE HOUSE ON THE BEACH AND GIVE THE REST TO SOME CHARITY TO REALLY MAKE A DIFFERENCE IN PEOPLE'S LIVES

HOBBIES - GARDENING, WORKING WITH ANIMALS, TRAINING DOGS, HIKING, BEING OUT IN NATURE

IF YOU WERE TO BE A TRADE TEACHER AT E.C. WHAT WOULD IT BE? - HEALTH TECH OR LANDSCAPING

HAD TO EAT ONE FOOD FOR THE REST OF YOUR LIFE. WHAT WOULD IT BE? - CHEESE, ALL TYPES

SENIOR IT'S SEASON - THOUGHTS OF A TECH SCHOOL SENIOR

BY CLAUDIA HERNAIZ-LOPEZ

WHEN YOU'RE A SENIOR, YOU TAKE ANY CHANCE YOU GET TO HAVE FUN, RIGHT? WHICH IS WHY USUALLY DECEMBER IS ONE OF OUR FAVORITE MONTHS. WE GET HOLIDAYS AND WINTER BREAK AND CLASSROOM DOOR DECORATING CONTESTS AND POSIDAY. WE GET TO SUBMERGE OURSELVES IN SOME OF OUR LAST HIGH SCHOOL EXPERIENCES, AND I JUST SO HAPPENED TO ENJOY MYSELF A LOT.



WORKING ON THE SHOP DOOR OF MDET FOR THE CLASSROOM DOOR DECORATION CONTEST WAS PROBABLY ONE OF MY MORE MEMORABLE MEMORIES FROM THE PAST YEAR. IT WAS FUN FOR US, TO COME UP WITH IDEAS AND SPEND TIME TOGETHER TO MAKE SOMETHING THAT WAS SLIGHTLY CHAOTIC BUT ALSO ALL OURS. I ALSO ENJOYED WATCHING MY FRIENDS FROM OTHER SHOPS HAVE THE SAME EXPERIENCE AS ME WITH THEIR DECORATING. IT WAS FUN WALKING AROUND THE SCHOOL SEEING ALL THE CREATIVE WAYS IN WHICH TEACHERS AND STUDENTS DECORATED THEIR CLASSROOM DOORS.

IN ADDITION TO THIS, IN THE MONTH OF DECEMBER, MANY OF US GOT TO EXPERIENCE POSI DAY. POSI DAY IS A TRADITION THAT HAS BEEN GOING ON AT EC FOR QUITE A BIT OF TIME. STUDENTS ARE REWARDED FOR THEIR GOOD BEHAVIOR IN CLASSES BY THEIR TEACHERS AND ENTERED IN A RAFFLE WITH THE OTHER PEOPLE IN THEIR GRADES IN ORDER TO WIN PRIZES AND GIFTS. EVERY YEAR IS DIFFERENT BUT BY FAR THIS YEAR WAS ONE OF MY FAVORITE POSI DAYS TO WITNESS. I THOUGHT IT WAS FUN SEEING ALL THE KIDS BE EXCITED FOR SOMETHING THAT I PERCEIVE TO BE ENJOYABLE AND JUST A TAD BIT SILLY IN THE BEST WAY POSSIBLE.

AFTER THIS WE HAD OUR BELOVED WINTER BREAK, AND WHILE I DO HOPE EVERYONE ENJOYED THEMSELVES, THIS IS A GENTLE REMINDER THAT THE SCHOOL YEAR IS STILL NOT OVER. TO ANY OF MY FELLOW CLASSMATES, AND EVEN THE UNDERCLASSMEN, I KNOW THAT THE SECOND SEMESTER OF SCHOOL IS ALWAYS THE HARDEST. YOU START SLACKING OFF AND TIME SEEMS TO GO BY EITHER WAY TOO FAST OR WAY TOO SLOW, BUT AS SOMEONE WHO IS WORKING ON THEIR OWN ISSUES WITH TIME MANAGEMENT AND PROCRASTINATION, LET'S JUST MAKE SURE WE'RE TRYING OUR BEST TO STAY ON TOP OF SCHOOL WORK.



IT'S ALWAYS NICE TO BE ABLE TO ENJOY YOURSELF, AND NO ONE LIKES THE STRESS THAT COMES WITH DOING YOUR WORK, BUT BELIEVE ME, THE STRESS THAT COMES WITH NOT DOING IT, IS SO MUCH WORSE.



MY VERY LAST POSI DAY

BY ALISON NAVARRO-DELGADO

THIS IS BY FAR ONE OF THE MOST STRIKING ARTICLES FOR ME TO WRITE. NOT NECESSARILY BECAUSE OF THE TOPIC ITSELF, BUT BECAUSE I AM NOW REALIZING HOW QUICKLY THIS YEAR IS FLYING BY. I'M A SENIOR, BUT NOW I CAN CONFIDENTLY AND TERRIFYINGLY SAY THAT I AM FEELING IT. POSI DAY, MORE COMMONLY KNOWN AS POSITIVE DAY, THANK YOU MR. FREUNDLICH, THANK YOU FOR THIS KNOWLEDGE (I DID NOT KNOW THAT POSI SUBSTITUTED FOR POSITIVE). ANYWAYS, THE POINT IS, POSI DAY COULD NOT HAVE GONE ANY BETTER THAN I HOPED FOR. I WAS ABLE TO ENJOY EACH OF THE CLASS'S FESTIVITIES WHILE SINGING AND JAMMING OUT WITH MY MUSIC CLUB FAMILY. WORDS CANNOT DESCRIBE HOW MUCH I WILL MISS PERFORMING WITH THEM ON THIS OCCASION, AS WELL AS HOW MUCH I WILL MISS MRS. ATKINS FOR NEVER FAILING TO LIFT MY SPIRITS WHEN I FEEL MY STAGE FRIGHT KICK IN.

A SHOUT OUT TO OUR VERY OWN MR. MURRAY WHO WAS KIND ENOUGH TO DJ FOR US; GREAT MUSIC SELECTION AT THAT. AND A PERSONAL THANK YOU TO HIM AS WELL FOR PUSHING ME OUT OF MY COMFORT ZONE TO PERFORM FOR MY OWN CLASS. POSI DAY IS ONE OF THOSE CELEBRATIONS MANY OF YOU WILL LOOK BACK ON IN THE FUTURE AS ONE OF THOSE THINGS YOU TOOK FOR GRANTED. I KNOW I USED TO THINK IT WAS A RIDICULOUS LITTLE DAY TO WIN A SILLY OLD PRIZE. BUT AS I SAT THERE, ESPECIALLY LAST YEAR, I COULD UNDERSTAND WHY THE SENIORS CHEERED SO LOUDLY ON THE OCCASION. BECAUSE THIS YEAR, I FELT IT IN MY SENIOR CLASS. OUR LAST POSI DAY TOGETHER, SEEING HOW CLOSE AND HOW MUCH WE HAVE BEEN THROUGH TOGETHER, AND JUST TAKING A DAY BEFORE WINTER BREAK TO ENJOY A SMALL GET TOGETHER. (LORD KNOWS WE NEVER CATCH A BREAK). I KNOW MY MUSIC CLUB MEMBERS AS WELL AS MR. FREUNDLICH TRIED THEIR HARDEST TO ENCOURAGE EVERYONE TO CHEER WHEN NAMES WERE CALLED, BUT I CAN PROMISE YOU THIS, AS A SENIOR MYSELF, THAT WON'T BE A PROBLEM ONCE YOU GRASP THE FACT THAT YOU ARE NOT AT GOODWIN FOREVER.

EDITOR'S COMMENTS

BY ALISON NAVARRO-
DELGADO

HERE WE ARE AGAIN WITH ANOTHER SOMEWHAT LATE ISSUE. BUT I PROMISE GUYS, WE'RE WORKING ON IT! THINGS HAVE GOTTEN A LITTLE INCREASINGLY COMPLICATED TRYING TO GET THESE ISSUES DONE ON TIME, BUT WE ARE GETTING BETTER AT RELEASING THEM AS SOON AS POSSIBLE. IT HURTS MY HEART THAT I AM SLIPPING SO MUCH, I TOLD MYSELF THAT EACH ISSUE WOULD BE GREAT. THAT'S WHAT I WANTED FOR MY SENIOR YEAR. WAS IT REALISTIC? I MEAN, NO, OBVIOUSLY. BUT IT WAS A WISH I WANTED TO HOLD ONTO.

AND ONE I WON'T GIVE UP ON, BECAUSE AS I TELL MR. HOULBERG, I AM NOT A QUITTER. THINGS HAVE JUST BEEN HECTIC, BUT I STILL HOPE EVERYONE ENJOYS THE ISSUES WE HAVE BEEN PUTTING OUT. OUR MEMBERS WORK SO HARD TO GIVE THEIR BEST AND I CAN NOT BE MORE GRATEFUL THAN TO HAVE GREAT WRITERS LIKE THE ONES WE HAVE. AND AS I ALWAYS ASK AND BASICALLY BEG FOR AT THIS POINT, ANYONE INTERESTED IN PARTICIPATING IN OUR CLUB, FEEL FREE TO JOIN! YOU CAN HAVE AS MUCH LIBERTY AS YOU WANT, SCHOOL APPROPRIATE OF COURSE. YOU COULD WRITE ABOUT THE DIFFERENT PHASES OF THE MOON, OR ARGUE IF WATER TRULY IS WET, WHATEVER YOUR LITTLE OLD HEART'S DESIRE, WE CAN MAKE IT HAPPEN WITH A LITTLE COMMUNICATION AND EFFORT. WE NEED MORE WRITERS, WE NEED YOU GUYS TO HELP MAKE OUR SCHOOL PAPER BETTER THAN IT COULD EVER BE. GRANTED I KNOW THIS IS OUR SECOND YEAR DOING IT, BUT IT'S NEVER TOO SOON TO THINK ABOUT THE FUTURE. I KNOW I HAVE BEEN DOING A LOT OF THAT LATELY, SO PLEASE, JOIN US, I BEG AND PLEAD. JUST KIDDING, KIND OF.