

Newspaper Club

GLADIATOR TIMES



♡ DO YOU KNOW

♡ BEHIND THE SCENES

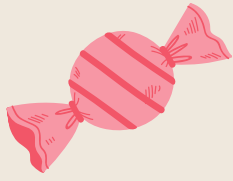
♡ NEWBIE NOTES

♡ SENIORITIS SEASON

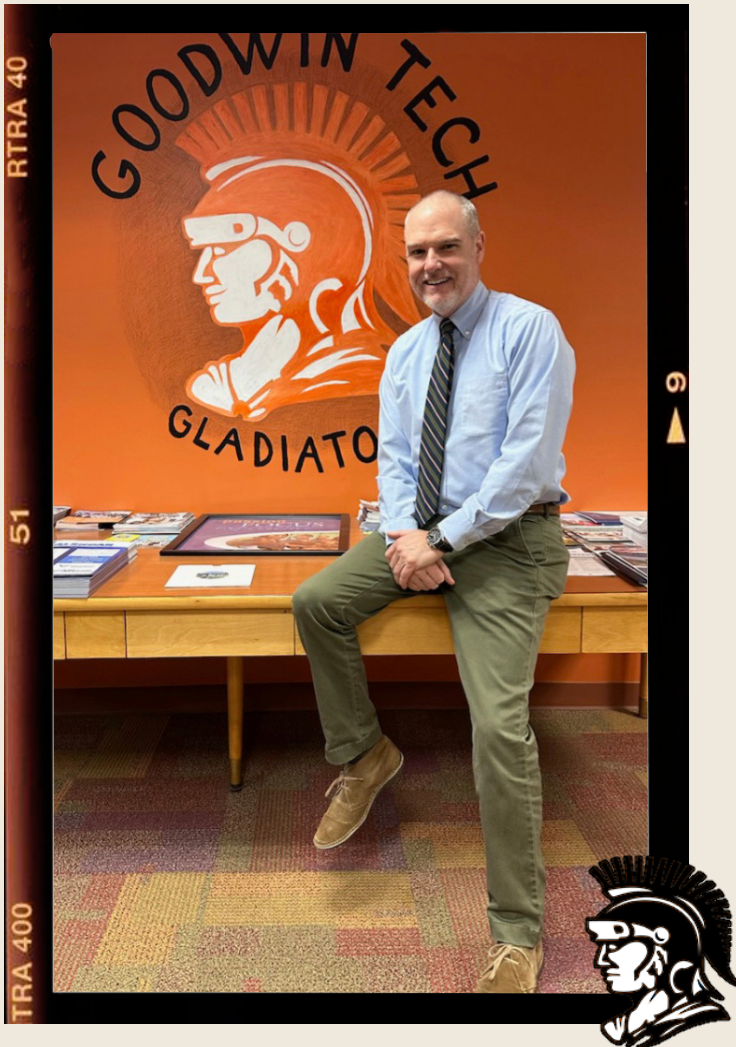
♡ ART



ADRIANA POMALES TORRES



BEHIND THE SCENES



WE ALL KNOW OUR SCHOOL HAS AN AREA IN THE LOBBY FOR GUIDANCE. I RECENTLY HAD THE OPPORTUNITY TO SIT DOWN WITH ONE OF THE GUIDANCE COUNSELORS, MR LYNCH, TO FIND OUT JUST WHAT DOES A GUIDANCE COUNSELOR DO?



School Counselors regularly see students for a variety of issues, ranging from minor student conflicts, to failing grades, to issues they are dealing with on a personal level. Mr. Lynch has been a Guidance Counselor at E.C Goodwin for the past 19 years and while he knows a lot about students, I'm not sure if many of the students know about him. Generally, he will start his day by checking his email to see what issues have been brought to him since the day before and he uses this information to determine his priorities for the day. There may be a student he needs to see, or a teacher he needs to consult with. He also will then check his voicemail as there may be a parent that he will need to call back

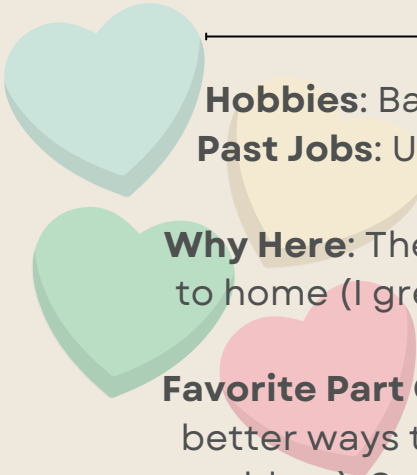
If a student is struggling in school with either grades, attendance, or behavior issues; that will sometimes necessitate a parent meeting. Which is generally held during the day due to his after-school coaching responsibilities. Guidance Counselors regularly see students for a variety of issues, ranging from minor student conflicts to failing grades to issues they are dealing with on a personal level. Generally, they're able to help the student on their own, but fortunately; E.C. Goodwin also has an outstanding School Psychologist (Mr. Parrott) and a fantastic School Social Worker (Ms. Valdez) who sometimes are sometimes needed to be involved to take advantage of their expertise.

On other days, a student may be in his office first thing; possibly in crisis. A crisis could be something very serious, such as an issue happening at home, or perhaps more minor (albeit just as deserving of his attention) like a he-said/she-said situation. Days are very unpredictable, with no two being alike and this is something that makes him really enjoy being a Guidance Counselor. There are days when email alone keeps him very busy because it's not just reading and responding - many of those emails lead to him contacting a student or parent. In E.C. Goodwin this year we have many more students who qualify as either special education or 504, than we have had in the past. Because of this he oftentimes will need to attend a PPT meeting or a 504 meeting.

All-in-all, it's a very satisfying job and certainly never boring - the days truly fly by!

Mr. Lynch is a Boston Red Sox fan and enjoys baseball. As a child he was hoping to play as the centerfielder for the Boston Red Sox and currently collects baseball cards and plays baseball himself. He also enjoys gardening and adding nice touches to his house. "I really enjoy planting trees, shrubs and flowers to improve the look of my home, but mostly to attract wildlife (I love birds)."

I hope you've enjoyed reading about Mr Lynch and seeing just how important is to have here at E.C. Goodwin. Here's a few more quick facts about Mr Lynch that you may or may not have known about hope you've enjoyed reading about Mr Lynch and seeing just how important is to have here at E.C. Goodwin. Here's a few more quick facts about Mr Lynch that you may or may not have known about.



Hobbies: Baseball, Collecting Baseball Cards, and Gardening

Past Jobs: U.S. Navy, Stationed on the USS Hewitt (DD 966) - A destroyer

Why Here: The opportunity arose and it was a chance to be close to home (I grew up in Farmington and until recently, my parents still lived there)

Favorite Part Of Job: Helping students solve problems, or at least better ways to deal with them (when there is no easy fix for the problem). Sometimes, we simply need to know how to navigate life's obstacles.

Least Favorite: Meetings

Favorite thing about his Career: The staff I've worked with through the years. I've made a lot of great friends and have found our staff to be genuinely good people.

What trade he'd teach: Landscape Design. Would have been Carpentry, but now that we have this new trade, I would choose it. I have no great skills in this area, but it has a lot of qualities about it that I'm very interested in. A couple of years ago, I built a very simple patio (with a lot of guidance and a little help from an actual landscaper) - I felt good to do that. Plus, I really enjoy planting trees, shrubs and flowers to improve the look of my home, but mostly to attract wildlife (I love birds).

Proudest accomplishments: 1. Serving my country. 2. Working as a School Counselor 3. Creating and running a "summer camp" for my nieces and nephews

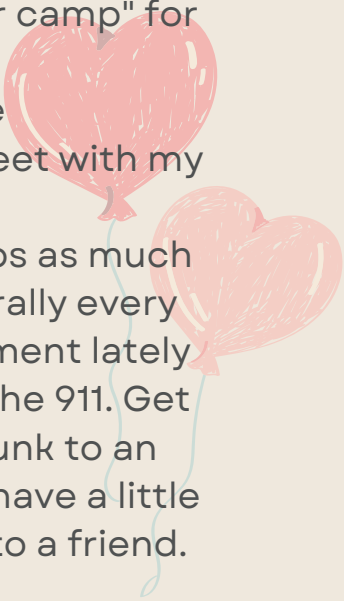
Biggest fear: Drowning or being buried alive

Favorite childhood memory: Playing kickball in the street with my friends

\$1,000,000 to spend in 24hrs: ideally, I'd invest perhaps as much as ½ of it for the future. I'd pay a contractor to fix literally every issue in my house (inside and out) - water in the basement lately has not been fun. I would purchase an early 70's Porsche 911. Get my wife whatever car she wanted. Donate a nice chunk to an environmental cause of my choosing. Then hopefully, have a little left over for a nice vacation and give maybe \$50,000 to a friend.

Food for rest of life: hamburgers

Biggest pet peeve: someone calling when a text would've been perfect



AALIYAH LOPEZ



DO YOU KNOW... MRS. ATKINS

Mrs Atkins is in charge of the music club as well as being one of the sophomore math teachers. Since having her from the beginning of the year I personally think she is an amazing teacher. She is super sweet and understanding and she is so hilarious without even trying, the amount of times I laugh everyday in math class is insane to me. Her room also smells absolutely amazing, it smells like walking into a candy shop!

Mrs Atkins was actually absent for some time not too long ago because she underwent hip surgery because her hip kept giving out. She said "Note to self shouldn't have done gymnastics in highschool." During the time she was gone I can definitely speak for myself and my classmates that she was very missed. She was gone the majority of quarter two so trying to learn all the material wasn't exactly easy without a math teacher. And I just really like the environment within her classroom. Overall Mrs Atkins is a fantastic teacher so come and learn more about her!



Name: Susan Atkins

Birthday: December 27

How long have you worked at E.C.? - 4 years, prior to working at E.C. she worked at Oliver Wolcott for 12 years

Favorite part about working here - The students, enjoys working with and helping them

Least favorite part about working here - Drama

Biggest pet peeve - people breaking pencils and dropping them on the floor

Proudest accomplishment - Hiking up Mount Washington, and Skydiving

If you had to eat one food for the rest of your life what could it be? - Sushi

If you had one million dollars but only one day to spend it all, what would you buy? - A tech company, so she can make more money

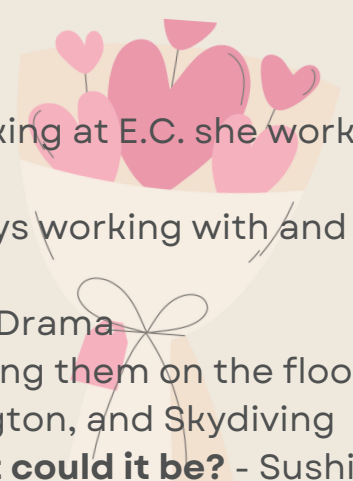
Hobbies - Hiking, music, reading, traveling, camping

Favorite childhood memory - Going to school in England while in 5th grade

Biggest fear - Snakes, because they slither and slink, have fangs, and are just scary

What was your favorite class when you were in high school? - British literature

Did you always want to become a teacher? - No, used to be an engineer for 12 years. She would work on helicopters and anti submarine warfare equipment



CLAUDIA HERNAIZ-LOPEZ

SENIORITIS SEASON - THOUGHTS OF A TECH SCHOOL SENIOR



Everyone always looks forward to the beginning of a new year. It's a time for fresh starts, new goals and accomplishments, and just thankfulness that you've made it here once again. Every year, I feel ecstatic when the first of January rolls around. I feel excited at the thought of everything that will happen in the coming year, and although I still had that feeling this time, there was something just slightly different. It's a bit of an unfamiliar feeling, realizing that you have less than five months until you walk the stage at graduation and officially leave a place you've gone to for four years - three, in my case.

This isn't to say that I'm not excited, because I am. I can't wait for prom and our senior outing and every other event that will happen in the upcoming months, but I can't help that slightly dreadful feeling that creeps up anytime I think about moving on from this place. It's funny, I think. To go from loving the question, "What are you going to be doing after high school?" because I knew exactly what I wanted to do and why, to hating it because, at this point in my life, I still haven't even chosen what college I'm going to be going to. It's interesting because I've been planning my life out since I was ten years old, and now that it's come down to it, I truly have no idea what I'm doing.

But, I think, at the end of the day, that it's genuinely okay. I know that I have time to make the decisions that need to be made, and I know that at some point I'll make the right decision about where to go to school. I know that eventually, I'll have to walk that stage, and no matter how bittersweet it'll be, I'll be happy. I know I'll be proud of myself, my friends, and my classmates, not just for making it as far as we did, but because I know that we're all headed to bigger, better things.

So, for now, it's best to enjoy the small moments in the present instead of focusing on the big and scary future. Like taking pictures for my superlative and working on a yearbook that people will look at later in their lives to remember some of the most memorable moments of their lives. Because yes, what's ahead of us is important, and although it's a hard lesson to learn... if you spend too much time looking towards the future, you'll miss everything that's happening right in front of you.



And I guess I don't want my last year of High School to be some distant memory of my own stress; I want it to be full of exciting moments, beautiful new people, and carefree memories.

NEWBIE NOTES - A FRESHMAN PERSPECTIVE OF E.C. GOODWIN



LAST CYCLE, I STARTED IN MY PERMANENT SHOP, CARPENTRY, MY TOP CHOICE. I WAS VERY EXCITED AND HAPPY TO GET CARPENTRY SINCE IT'S WHAT I CAME TO E.C. GOODWIN FOR.

My first cycle was relatively easy, we had to go through the safety tests and I felt they were pretty easy for me because Mr LeBouthillier does a great job of preparing us. Our first shop project was making a Candy Dispenser and it was really fun to do. Although I got a bit stressed when one of my pieces broke, my teacher helped me and calmed me down and said we could easily fix it with glue and clamps. The finished product was very pleasing and I got around 92% on it. Carpentry is what I was expecting and more. I don't really know many people there but it's fine since working alone helps me get work done faster. I'm sure over the next 4 years I'll get to know everyone though.

I love working with the machines and I can't wait to learn more about the different machines and how they work, the different guidelines we have to follow, and the many different projects we will be making over the next 4 years.

After Carpentry I plan on going to their program and becoming an architect and carpenter for residential areas. I also would like to get into interior designing.



Currently, we are working on a Tavern Mirror and we are focusing on nesting most of our parts on a big piece of board to minimize waste. When we get back we will start cutting our pieces. This project is one of the bigger ones so it will take a bit longer. It's a bit overwhelming but I'm sure that I will do just fine if I just continue to focus and maximize the amount of work I get done. I especially enjoy when my piece comes out perfectly to the proper measurements. Carpentry is a great shop and I'm very glad I got into it. My teacher is great and very helpful; I can't wait for the different projects yet to come.



GISELLE RODRIGUEZ

ARTIST SPOTLIGHT

